Veggie Couscous Salad

Makes 4 servings



Ingredients:

- 1 cup couscous
- 1/2 teaspoon salt
- 1 tablespoon olive oil
- 1 cup boiling water
- 1 cup halved cherry tomatoes
- 1 cucumber, diced

- 1/4 cup finely chopped red onion
- 1/4 cup chopped fresh parsley
- 2 tablespoons lemon juice
- 1 tablespoon balsamic vinegar
- 1/2 teaspoon black pepper

Directions

- 1. In a large bowl, combine couscous, salt, and olive oil.
- 2. Pour boiling water over the couscous, cover, and let sit for 5 minutes.
- 3. Fluff couscous with a fork to separate grains.
- 4. Add tomatoes, cucumber, red onion, and parsley.
- 5. Drizzle with lemon juice and balsamic vinegar.
- 6. Season with black pepper and gently toss to combine.

Cooking Tidbit

For even more flavor, refrigerate the salad for 30 minutes before serving. You can also sprinkle in some feta cheese or olives for a Mediterranean twist.